

# PRESS RELEASE

## Solo Musical Dramedy About The Trials of Being an Artist

*Pieces of Her* is a one-woman show written and performed by actress/singer Sara Carbone



Seattle, Washington, May 8, 2019 -- *Pieces of Her*, a one-person show about struggling to find your way as a child actress and adult artist, is going up at 18th and Union in Seattle from June 20-22, 2019. The 70-minute, semi-autobiographical play is written and performed by actress, singer, songwriter Sara Carbone. In the play Sara sings, speaks, and dances her way through over a dozen characters and multiple musical styles, almost entirely without instruments.

Interested parties can read more about Sara and the play by visiting [www.piecesofher.com](http://www.piecesofher.com).

Says Sara: "The play captures the experience of growing up as a child actress and into adulthood as an artist and how that journey can be one of incredible joy and magic as well as disillusionment and self-doubt. The piece explores what artists sometimes go through around their art and their sense of themselves, particularly around creating original work."

The play recently debuted at The Pocket Theater in Seattle on April 19. Audience members said this about the performance: "Captivating!" and "I was completely blown away by Sara's incredible singing voice and uncanny ability to fully embody each character."

*Pieces of Her* is directed by acclaimed performing and teaching artist [Mik Kuhlman](#). Mik has over twenty-five years experience creating original ensemble and solo theatre in America and overseas and has performed and taught physical acting, mask, clown and improvisation in over 500 educational and art institutions throughout the United States.

**Sara Carbone** has performed since childhood in community, regional and Broadway theater. She has trained at HB Studios and Howard Meyer's Acting Program in New York. Sara has also soloed in multiple choirs and a *cappella* groups and performed her original pop music with live bands.

**FOR CALENDAR EDITORS**

**WHEN:** June 20, 21, 22 at 7:30PM

**WHERE:** 18th and Union  
1406 18th Avenue, Seattle, WA 98122

**TICKETS:** Tickets on sale for \$15-25 at [18thandunion.org](http://18thandunion.org)  
TeenTix members can purchase available tickets at the door for \$5 cash.

**PARKING:** There is ample street parking in the surrounding neighborhood.

**CONTACT:** Sara Carbone 718-614-1739  
[carbonesara12@gmail.com](mailto:carbonesara12@gmail.com)

**About 18th and Union**

18th & Union is a performance space in Seattle's Central District that serves as a home for solo and other portable performance and visual art, including theater, music, dance, comedy, and improv.

###